

Sunbutter Cookies



Serves: 32

Prep Time: 20 minutes

Cook Time: 20 minutes

Ready In: 40 minutes

Ingredients

- **Raw Egg, White**, 2 large (67g / 2.36 oz)
- **Protein Powder, Vanilla Milkshake by Quest**, 58 gram (58g / 2.05 oz)
- **Sunflower Butter No Sugar Added by Sunbutter**, 16 tbsp (256g / 9.03 oz)
- **100% Pure Erythritol by Halefresh**, 48 tsp

Instructions

Combine all ingredients in a bowl with a spoon or mixer. Scoop a tablespoon and roll a ball with your hands. Place on a parchment lined cookie sheet and press flat with a fork. Bake on 350 for 12 to 15 minutes. Let cool. Keep in a cool place. Serving Size: makes 32 15 gram cookies

Nutrition Info Per Serving

Net Calories	60.0
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Total Carbs	7.4g
Net Carbs	0.6g
Diabetes Carbs	3.6g
Fiber	0.8g
Sugar Alcohols	6.0g
Sugar	0.3g

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Protein	3.4g
Fat	4.5g
Saturated Fat	0.4g
Cholesterol	0.9mg
Calcium	22.7mg